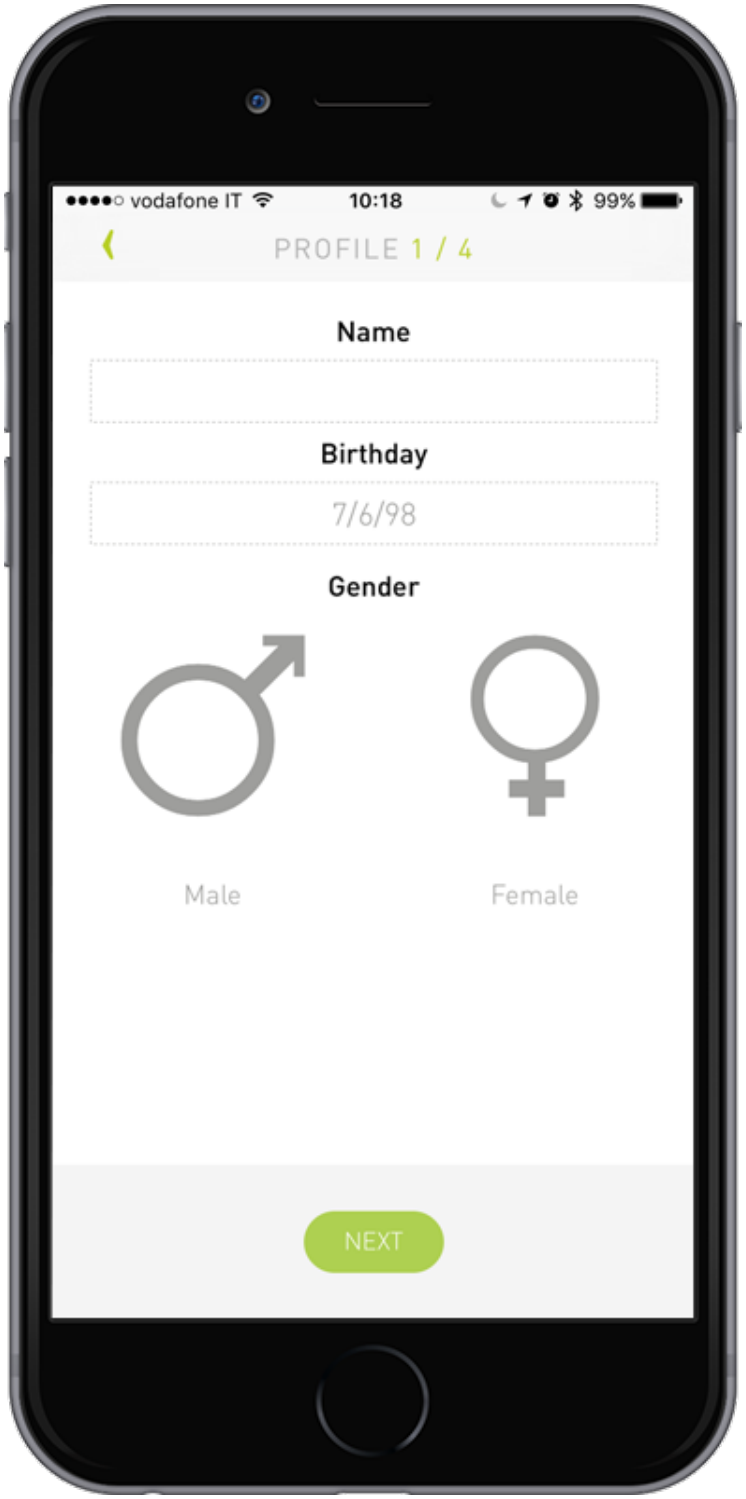
Go Life App

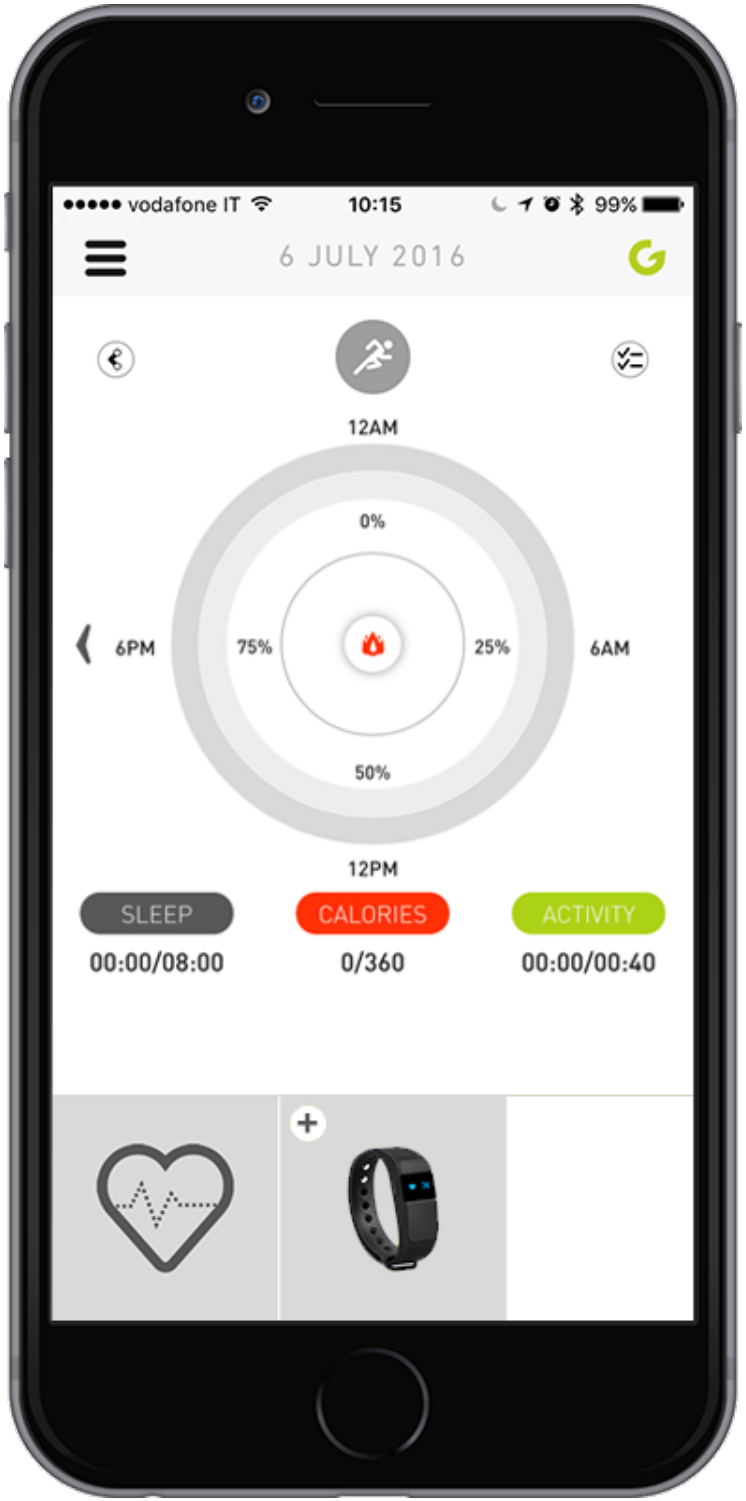
sbs

a short story



Where it all begins

Go Life is a curious App: it wants to know you better.
The first time you use the App, it'll ask for your name, date of birth, gender, weight, height and personal goals.
This information is fundamental in helping the App do a better job for you.

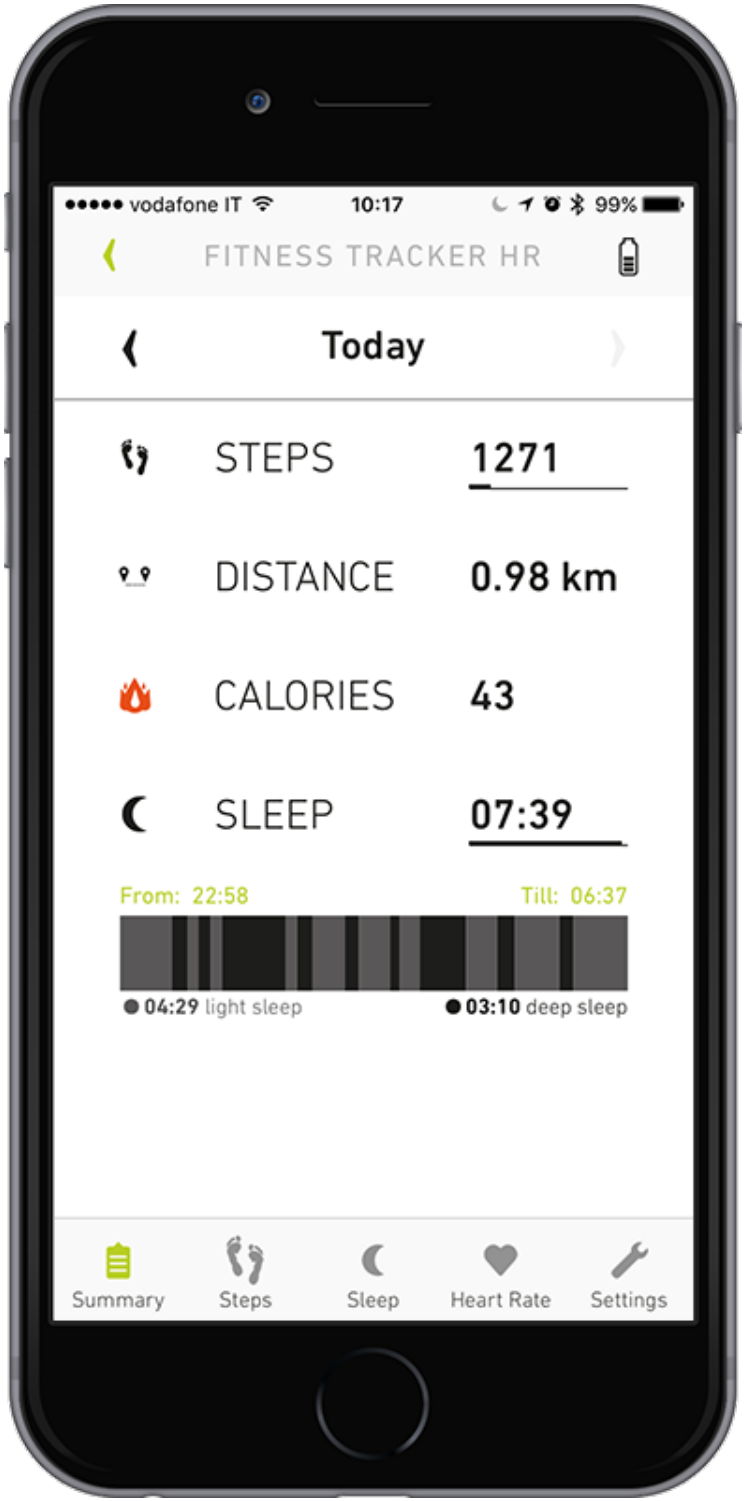


Your devices

Adding a new device to Go Life is really easy. The App notices the device is available and shows it in the devices drawer in the bottom of the screen. Tapping the device connects it to the app. As simple as that!

Keeping track

With your new fitness tracker connected to the App you can synchronize data to keep track of your progress using the app. Just tap on the “Synchronize” button and the app will quickly download all the data your fitness tracker has collected



At a glance

Tapping on the Fitness Tracker icon lets you see all the amazing things the device has learned about you: the steps and distance you've made, the energy you've used up walking and how good your sleep quality is.

Go Life Wearables

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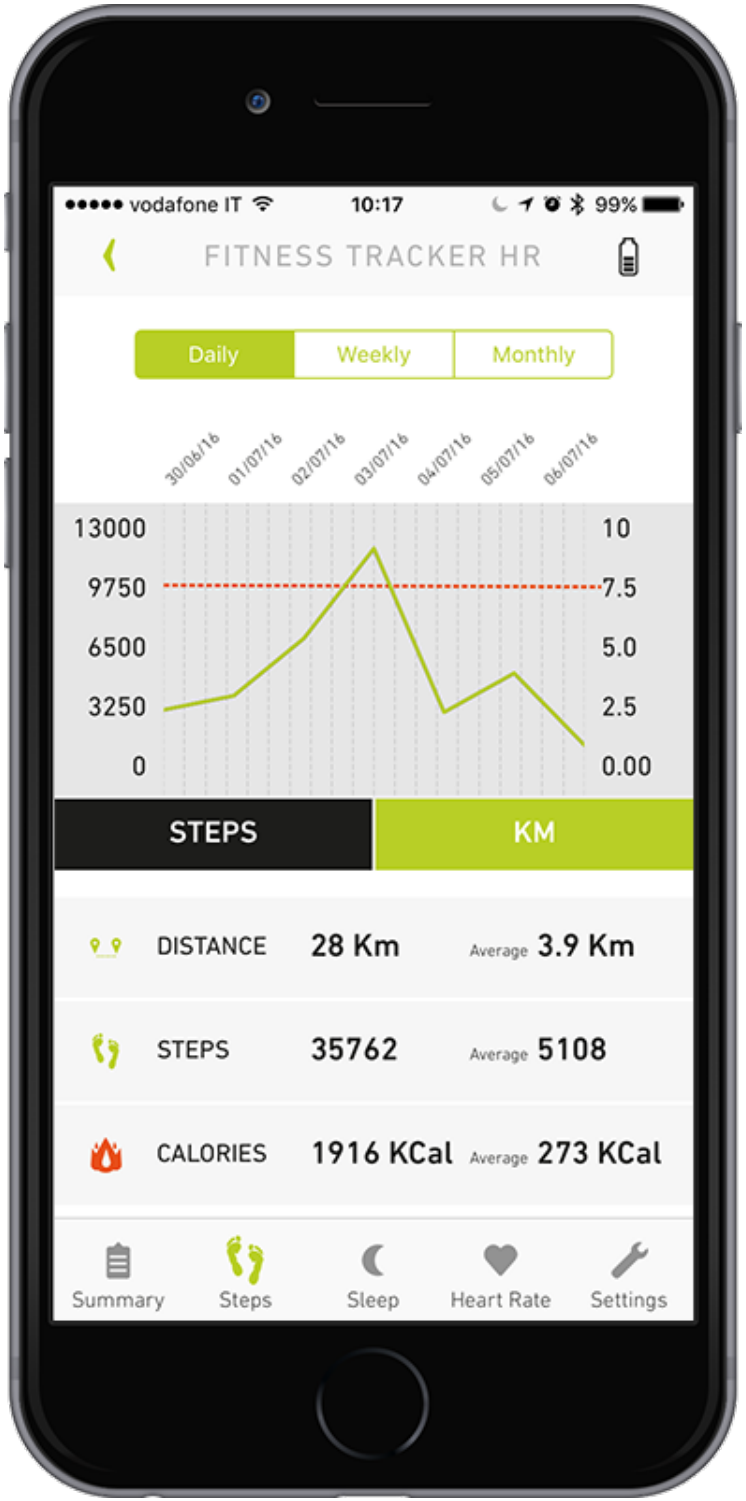
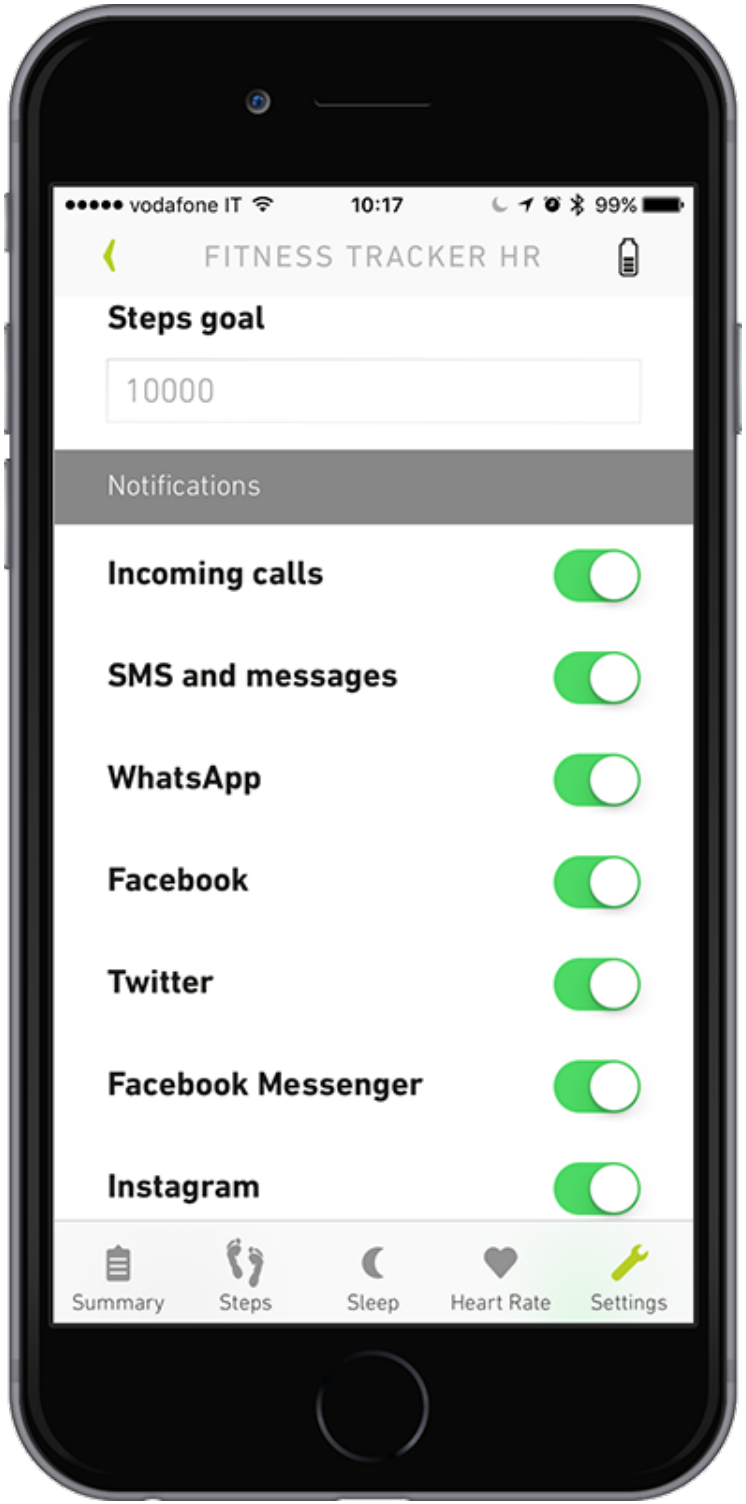


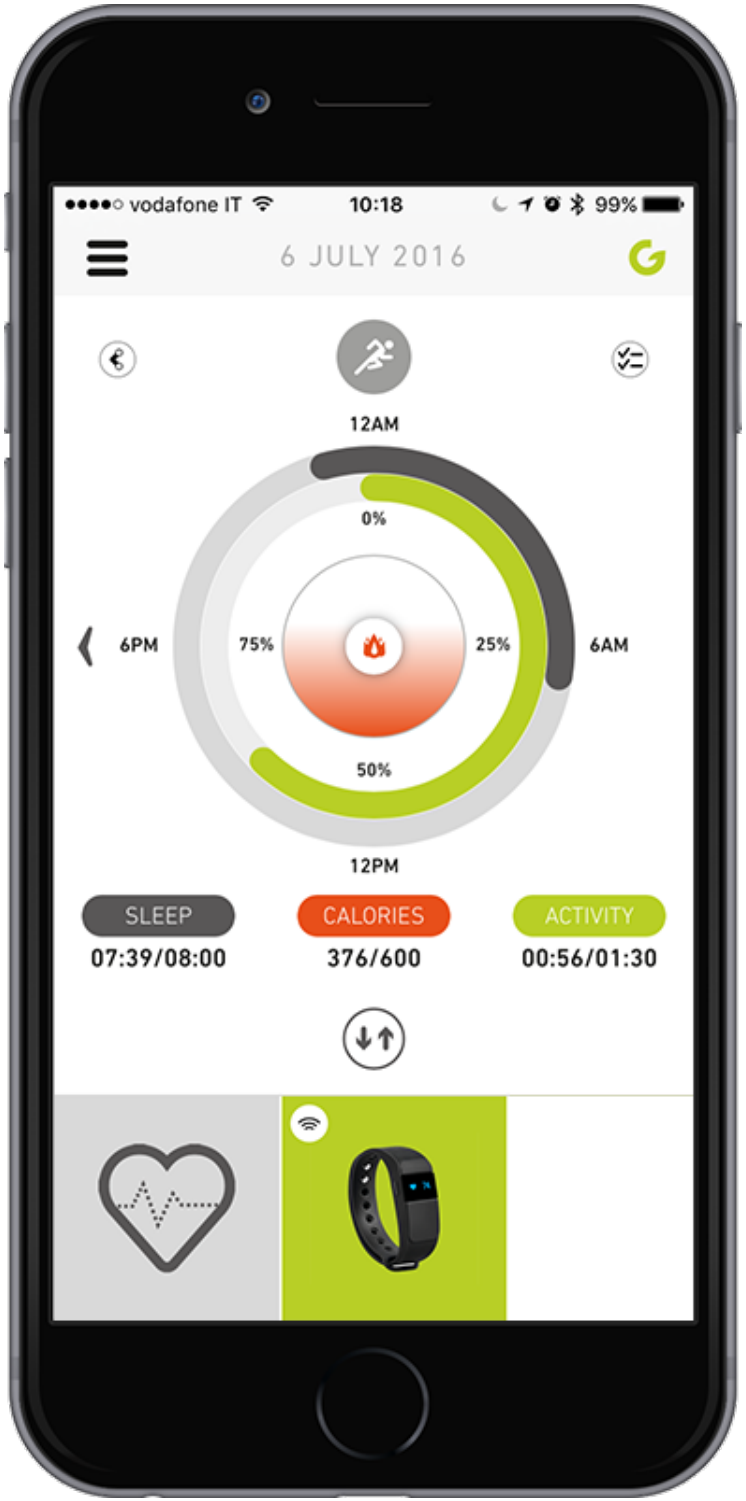
But there's more!

You can have an insights on your walking habits with graphs and aggregates. And the same goes for information about your sleep time and quality. And if your fitness tracker is also a heart-rate monitor, you can see detailed data about your HR as well!



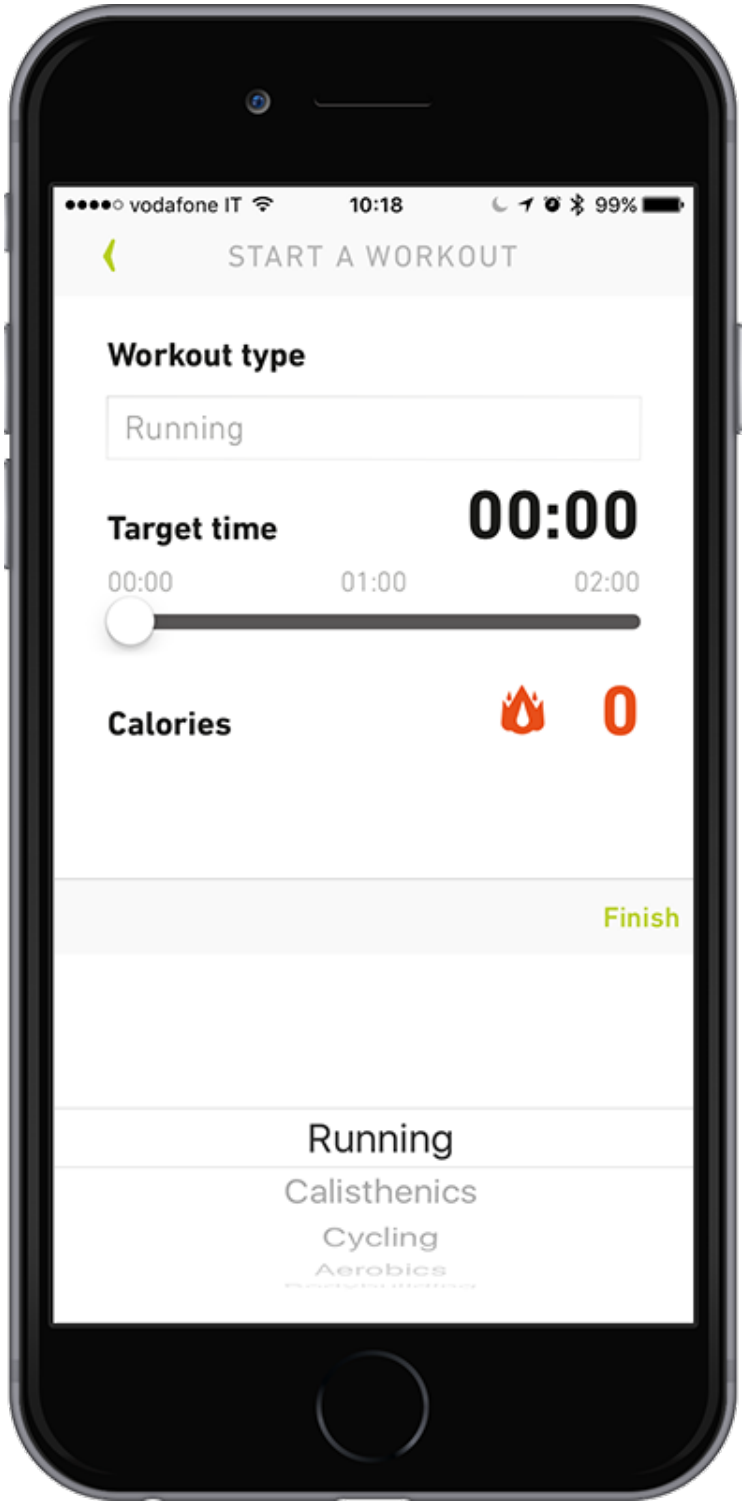
Flipping switches

Stay focused, use your fitness tracker to its max: setup your daily steps goal and configure it to show notifications from your favorite apps and services. All it takes is just flipping a switch or two!



Take your phone for a run!

Being active is a good thing and the App can help you measure your activity in new and surprising ways: try tapping the button and...



What are you up to?

Choose from over 80 sports, decide how long the workout should last, see how many calories you'd be able to burn and go!
The App will monitor you and give you insights about it, comparing your workout with previous ones.
Getting better at your favorite sport is now even easier!

Seeing is believing

You've been there, but revisiting your adventure and recounting its memories is so motivating! That's why Go Life offers an insight-reach map of your outdoor workouts alongside the usual stats about time, distance and calories burned.

Want more detail?

Altitude and speed variation, average and split speed - you name it: Go Life is there to help you have a different look at your workouts and make sure you notice your progress and remain motivated!

Go Life Wearables

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Heart matters

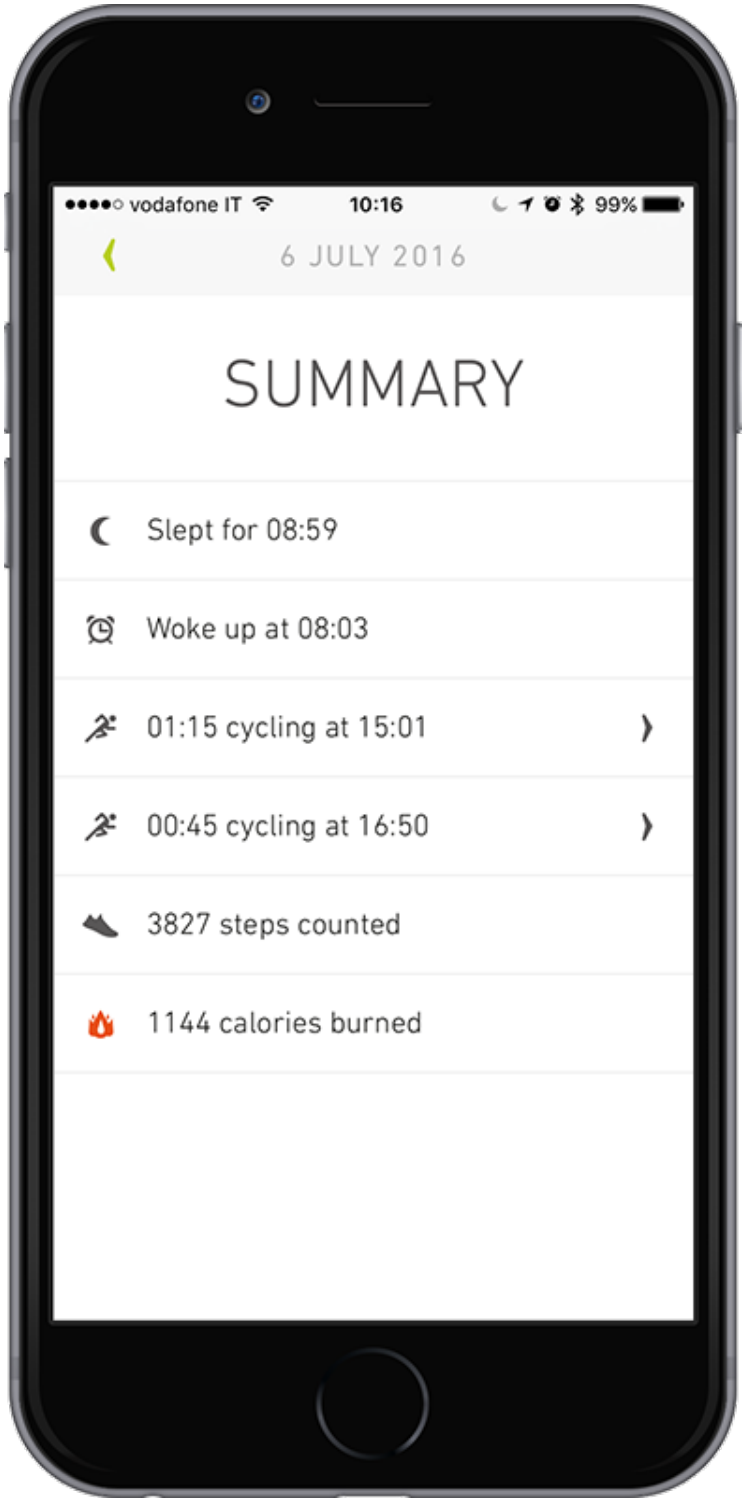
Add SBS Chest Strap and you can enjoy heart rate frequency analysis of your workouts with a zone chart and statistics. This is an effortless, but extremely useful way to analyze performance and improve it over time, while staying perfectly safe!

Go Life Fitness Products

TESPORTSCALES

Results come in different shapes!

Whether you want to loose weight, gain mass or change your body composition, add our Smart Scales and Go Life will become your daily weighing stating with detailed analysis of how your body's changing thanks to all your workouts!



And in the end of the day...

See what you've done and be proud of your achievements. Tap the button to see a summary of your day as the App sees it and be proud!

One last thing....
We wanted to make Go Life user experience rich not just by making it easy to use, but by offering support for all our connected fitness products. All 9 of them!

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